Viruses and Worms

Module 07
A new cyber espionage program linked to the notorious Flame and Gauss malware has been detected by Russia’s Kaspersky Lab. The antivirus giant’s chief warns that global cyber warfare is in “full swing” and probably escalate in 2013.

The virus, dubbed miniFlame, and also known as SPE, has already infected computers in Iran, Lebanon, France, the United States, and Lithuania. It was discovered in July 2012 and is described as “a small and highly flexible malicious program designed to steal data and control infected systems during targeted cyber espionage operations,” Kaspersky Lab said in a statement posted on its website.

The malware was originally identified as an appendage of Flame – the program used for targeted cyber espionage in the Middle East and acknowledged to be part of joint US-Israeli efforts to undermine Iran’s nuclear program.

But later, Kaspersky Lab analysts discovered that miniFlame is an “interoperable tool that could be used as an independent malicious program, or concurrently as a plug-in for both the Flame and Gauss malware.”

The analysis also showed new evidence of cooperation between the creators of Flame and Gauss, as both viruses can use miniFlame for their operations.

Source: [http://www.globalresearch.ca](http://www.globalresearch.ca)

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The analysis also showed new evidence of cooperation between the creators of Flame and Gauss, as both viruses can use miniFlame for their operations.

“MiniFlame’s ability to be used as a plug-in by either Flame or Gauss clearly connects the collaboration between the development teams of both Flame and Gauss. Since the connection between Flame and Stuxnet/Duqu has already been revealed, it can be concluded that all these advanced threats come from the same ‘cyber warfare’ factory,” Kaspersky Lab said.

**High-precision attack tool**

So far just 50 to 60 cases of infection have been detected worldwide, according to Kaspersky Lab. But unlike Flame and Gauss, miniFlame is meant for installation on machines already infected by those viruses.

“MiniFlame is a high-precision attack tool. Most likely it is a targeted cyber weapon used in what can be defined as the second wave of a cyber attack,” Kaspersky’s Chief Security Expert Alexander Gostev explained.

“First, Flame or Gauss are used to infect as many victims as possible to collect large quantities of information. After data is collected and reviewed, a potentially interesting victim is defined and identified, and miniFlame is installed in order to conduct more in-depth surveillance and cyber-espionage.”

The newly-discovered malware can also take screenshots of an infected computer while it is running a specific program or application in such as a web browser, Microsoft Office program, Adobe Reader, instant messenger service or FTP client.

Kaspersky Lab believes miniFlame’s developers have probably created dozens of different modifications of the program. “At this time, we have only found six of these, dated 2010-2011,” the firm said.

‘Cyber warfare in full swing’

Meanwhile, Kaspersky Lab’s co-founder and CEO Eugene Kaspersky warned that global cyber warfare tactics are becoming more sophisticated while also becoming more threatening. He urged governments to work together to fight cyber warfare and cyber-terrorism, Xinhua news agency reports.

Speaking at an International Telecommunication Union Telecom World conference in Dubai, the antivirus tycoon said, “cyber warfare is in full swing and we expect it to escalate in 2013.”

“The latest malicious virus attack on the world’s largest oil and gas company, Saudi Aramco, last August shows how dependent we are today on the Internet and information technology in general, and how vulnerable we are,” Kaspersky said.

He stopped short of blaming any particular player behind the massive cyber-attacks across the Middle East, pointing out that “our job is not to identity hackers or cyber-terrorists. Our firm is
like an X-ray machine, meaning we can scan and identify a problem, but we cannot say who or what is behind it.”

Iran, who confirmed that it suffered an attack by **Flame malware** that caused severe data loss, blames the United States and Israel for **unleashing** the cyber-attacks.
Module Objectives

The objective of this module is to expose you to the various viruses and worms available today. It gives you information about all the available viruses and worms. This module examines the workings of a computer virus, its function, classification, and the manner in which it affects systems. This module will go into detail about the various countermeasures available to protect against these virus infections. The main objective of this module is to educate you about the available viruses and worms, indications of their attack and the ways to protect against various viruses, and testing your system or network against viruses or worms presence. This module will familiarize you with:

- Introduction to Viruses
- Stages of Virus Life
- Working of Viruses
- Indications of Virus Attack
- How does a Computer Get Infected by Viruses?
- Virus Analysis
- Types of Viruses
- Virus Maker

- Computer Worms
- Worm Analysis
- Worm Maker
- Malware Analysis Procedure
- Online Malware Analysis Services
- Virus and Worms Countermeasures
- Antivirus Tools
- Penetration Testing for Virus

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Module Flow

This section introduces you to various viruses and worms available today and gives you a brief overview of each virus and statistics of viruses and worms in the recent years. It lists various types of viruses and their effects on your system. The working of viruses in each phase has will be discussed in detail. The techniques used by the attacker to distribute malware on the web are highlighted.

<table>
<thead>
<tr>
<th>Virus and Worms Concepts</th>
<th>Malware Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Types of Viruses</td>
<td>Countermeasures</td>
</tr>
<tr>
<td>Computer Worms</td>
<td>Penetration Testing</td>
</tr>
</tbody>
</table>
Introduction to Viruses

Computer viruses have the potential to wreak havoc on both business and personal computers. Worldwide, most businesses have been infected at some point. A virus is a self-replicating program that produces its own code by attaching copies of it into other executable codes. This virus operates without the knowledge or desire of the user. Like a real virus, a computer virus is contagious and can contaminate other files. However, viruses can infect outside machines only with the assistance of computer users. Some viruses affect computers as soon as their code is executed; other viruses lie dormant until a pre-determined logical circumstance is met. There are three categories of malicious programs:

- Trojans and rootkits
- Viruses
- Worms

A worm is a malicious program that can infect both local and remote machines. Worms spread automatically by infecting system after system in a network, and even spreading further to other networks. Therefore, worms have a greater potential for causing damage because they do not rely on the user’s actions for execution. There are also malicious programs in the wild that contain all of the features of these three malicious programs.
This graphical representation gives detailed information of the attacks that have occurred in the recent years. According to the graph, only **11,666,667** systems were affected by viruses and worms in the year 2008, whereas in the year 2012, the count **drastically increased** to 70,000,000 systems, which means that the growth of malware attacks on systems is increasing exponentially year by year.
FIGURE 7.1: Virus and Worm Statistics
1. **Design:**
   A virus code is developed by using programming languages or construction kits. Anyone with basic **programming knowledge** can create a virus.

2. **Replication:**
   A virus first replicates itself within a target system over a period of time.

3. **Launch:**
   It is activated when a user performs certain actions such as **triggering** or running an infected program.

4. **Detection:**
   A virus is identified as a threat infecting target systems. Its actions cause considerable damage to the target system’s data.
5. **Incorporation:**

   Antivirus software *developers assemble defenses* against the virus.

6. **Elimination:**

   Users are advised to install *antivirus software* updates, thus creating awareness among user groups.
Working of Viruses: Infection Phase

Viruses attack a target host’s system by using various methods. They attach themselves to programs and transmit themselves to other programs by making use of certain events. Viruses need such events to take place since they cannot:

- Self start
- Infect other hardware
- Cause physical damage to a computer
- Transmit themselves using non-executable files

Generally viruses have two phases, the infection phase and the attack phase.

In the infection phase, the virus replicates itself and attaches to an .exe file in the system. Programs modified by a virus infection can enable virus functionalities to run on that system. Viruses get enabled as soon as the infected program is executed, since the program code leads to the virus code. Virus writers have to maintain a balance among factors such as:

- How will the virus infect?
- How will it spread?
- How will it reside in a target computer’s memory without being detected?
Obviously, viruses have to be triggered and executed in order to function. There are many ways to execute programs while a computer is running. For example, any setup program calls for numerous programs that may be built into a system, and some of these are distribution medium programs. Thus, if a virus program already exists, it can be activated with this kind of execution and infect the additional setup program as well.

There are virus programs that infect and keep spreading every time they are executed. Some programs do not infect the programs when first executed. They reside in a computer’s memory and infect programs at a later time. Such virus programs as TSR wait for a specified trigger event to spread at a later stage. It is, therefore, difficult to recognize which event might trigger the execution of a dormant virus infection.

Refer to the figure that follows to see how the EXE file infection works.

In the following figure, the .EXE file’s header, when triggered, executes and starts running the application. Once this file is infected, any trigger event from the file’s header can activate the virus code too, along with the application program as soon as it is run.

- A file virus infects by attaching itself to an executable system application program. Text files such as source code, batch files, script files, etc., are considered potential targets for virus infections.
- Boot sector viruses execute their own code in the first place before the target PC is booted.
Working of Viruses: Attack Phase

Once viruses spread themselves throughout the target system, they start corrupting the files and programs of the host system. Some viruses have trigger events that need to be activated to corrupt the host system. Some viruses have bugs that replicate themselves, and perform activities such as deleting files and increasing session time.

They corrupt their targets only after spreading as intended by their developers. Most viruses that attack target systems perform actions such as:

- Deleting files and altering content in data files, thereby causing the system to slow down
- Performing tasks not related to applications, such as playing music and creating animations
Refer to this figure, which has two files, A and B. In section one, the two files are located one after the other in an orderly fashion. Once a virus code infects the file, it alters the positioning of the files that were consecutively placed, thus leading to inaccuracy in file allocations, causing the system to slow down as users try to retrieve their files. In this phase:

- Viruses execute when some events are triggered
- Some execute and corrupt via built-in bug programs after being stored in the host’s memory
- Most viruses are written to conceal their presence, attacking only after spreading in the host to the fullest extent
Why Do People Create Computer Viruses?

Source: [http://www.securitydocs.com](http://www.securitydocs.com)

Computer viruses are not self-generated, but are created by cyber-criminal minds, intentionally designed to cause destructive occurrences in a system. Generally, viruses are created with a disreputable motive. Cyber-criminals create viruses to destroy a company’s data, as an act of vandalism or a prank, or to destroy a company’s products. However, in some cases, viruses are actually intended to be good for a system. These are designed to improve a system’s performance by deleting previously embedded viruses from files.

Some reasons viruses have been written include:

- Inflict damage to competitors
- Financial benefits
- Research projects
- Play prank
- Vandalism
- Cyber terrorism
- Distribute political messages
- Financial gain
Identity theft
Spyware
Cryptoviral extortion
Indications of Virus Attacks

An effective virus tends to multiply rapidly and may infect a number of machines within three to five days. Viruses can infect Word files which, when transferred, can infect the machines of the users who receive them. A virus can also make good use of file servers in order to infect files. The following are indications of a virus attack on a computer system:

- Programs take longer to load
- The hard drive is always full, even without installing any programs
- The floppy disk drive or hard drive runs when it is not being used
- Unknown files keep appearing on the system
- The keyboard or the computer emits strange or beeping sounds
- The computer monitor displays strange graphics
- File names turn strange, often beyond recognition
- The hard drive becomes inaccessible when trying to boot from the floppy drive
- A program’s size keeps changing
- The memory on the system seems to be in use and the system slows down
How does a Computer Get Infected by Viruses?

There are many ways in which a computer gets infected by viruses. The most popular methods are as follows:

- When a user accepts files and downloads without checking properly for the source.
- Attackers usually send virus-infected files as email attachments to spread the virus on the victim’s system. If the victim opens the mail, the virus automatically infects the system.
- Attackers incorporate viruses in popular software programs and upload the infected software on websites intended to download software. When the victim downloads infected software and installs it, the system gets infected.
- Failing to install new versions or update with latest patches intended to fix the known bugs may expose your system to viruses.
- With the increasing technology, attackers also are designing new viruses. Failing to use latest antivirus applications may expose you to virus attacks.
Common Techniques Used to Distribute Malware on the Web

1. **Blackhat Search Engine Optimization (SEO)**: Ranking malware pages highly in search results.

2. **Social Engineered Click-jacking**: Tricking users into clicking on innocent-looking web pages that contain malware.

3. **Spearphishing Sites**: Mimicking legitimate institutions, such as banks, in an attempt to steal account login credentials.

4. **Malvertising**: Embedding malware in ad networks that display across hundreds of legitimate, high-traffic sites.

5. **Compromised Legitimate Websites**: Hosting embedded malware that spreads to unsuspecting visitors.

6. **Drive-by Downloads**: Exploiting flaws in browser software to install malware just by visiting a web page.


**Blackhat Search Engine Optimization (SEO)**: Using this technique the attacker ranks malware pages high in search results.

**Social Engineered Click-jacking**: The attackers trick the users into clicking on innocent-looking web pages that contain malware.

**Spearphishing Sites**: This technique is used for mimicking legitimate institutions, such as banks, in an attempt to steal account login credentials.

**Malvertising**: Embeds malware in ad networks that display across hundreds of legitimate, high-traffic sites.

**Compromised Legitimate Websites**: Host embedded malware that spreads to unsuspecting visitors.

**Drive-by Downloads**: The attacker exploits flaws in browser software to install malware just by visiting a web page.
Virus Hoaxes and Fake Antiviruses

Virus Hoaxes

A virus hoax is simply a bluff. Viruses, by their nature, have always created a horrifying impression. Hoaxes are typically untrue scare alerts that unscrupulous individuals send to create havoc. It is fairly common for innocent users to pass these phony messages along thinking they are helping others avoid the “virus.”

- Hoaxes are false alarms claiming reports about non-existing viruses
- These warning messages, which can be propagated rapidly, stating that a certain email message should not be opened, and that doing so would damage one’s system
- In some cases, these warning messages themselves contain virus attachments
- These possess the capability of vast destruction on target systems

Many hoaxes try to “sell” things that are technically nonsense. Nevertheless, the hoaxer has to be somewhat of an expert to spread hoaxes in order to avoid being identified and caught.

Therefore, it is a good practice to look for technical details about how to become infected. Also search for information in the wild to learn more about the hoax, especially by scanning bulletin boards where people actively discuss current happenings in the community.
Try to **crosscheck** the identity of the person who has posted the warning. Also look for more information about the hoax/warning from secondary sources. Before jumping to conclusions by reading certain documents on the Internet, check the following:

- If it is posted by newsgroups that are **suspicious**, crosscheck the information with another source.
- If the person who has posted the news is not a known person in the community or an expert, crosscheck the information with another source.
- If a government body has posted the news, the posting should also have a reference to the corresponding **federal regulation**.
- One of the most effective checks is to look up the suspected **hoax virus** by name on antivirus software vendor sites.
- If the posting is technical, hunt for sites that would cater to the **technicalities**, and try to **authenticate** the information.

Subject: FORWARD THIS WARNING AMONG FRIENDS, FAMILY AND CONTACTS

PLEASE FORWARD THIS WARNING AMONG FRIENDS, FAMILY AND CONTACTS! You should be alert during the next few days. Do not open any message with an attachment entitled 'POSTCARD FROM BEIJING' or 'RESIGNATION OF BARACK OBAMA', regardless of who sent it to you. It is a virus that opens a POSTCARD IMAGE, then 'burns' the whole hard disc of your computer.

This is the worst virus announced by CNN last evening. It has been classified by Microsoft as the most destructive virus ever. The virus was discovered by McAfee yesterday, and there is no repair yet for this kind of virus.

This virus simply destroys the Zero Sector of the Hard Disc, where the vital information is kept.

COPY THIS E-MAIL, AND SEND IT TO YOUR FRIENDS. REMEMBER: IF YOU SEND IT TO THEM, YOU WILL BENEFIT ALL OF US.

End-of-mail

Thanks.

FIGURE 7.3: Hoaxes Warning Message

**Fake Antiviruses**

Fake antiviruses is a method of affecting a system by hackers and it can poison your system and **outbreak** the registry and system files to allow the attacker to take full control and access to your computer. It appears and performs similarly to a real **antivirus program**.

Fake antivirus programs first appear on different browsers and warn users that they have different **security threats** on their system, and this message is backed up by real suspicious viruses. When the user tries to **remove the viruses**, then they are navigated to another page where they need to buy or subscribe to that antivirus and proceed to payment details. These **fake antivirus** programs are been **fabricated** in such a way that they draw the attention of the **unsuspecting** user into installing the software.

Some of the methods used to extend the usage and installation of fake antivirus programs include:

- **Email and messaging**: Attackers use spam email and social networking messages to spread this type of infected email to users and **probe** the user to open the **attachments** for software installation.
Search engine optimization: Attackers generate pages related to public or current search terms and plant them to appear as extraordinary and the latest in search engine results. The web pages show alerts about infection that encourage the user to buy the fake antivirus.

Compromised websites: Attackers secretly break into popular sites to install the fake antiviruses, which can be used to entice users to download the fake antivirus by relying on the site's popularity.
DNSChanger (Alureon) is malware that spreads through emails, social engineering tricks, and untrusted downloads from the Internet. It acts as a bot and can be organized into a botnet and controlled from a remote location. This malware achieves DNS redirection by modifying the system registry key settings against an interface device such as network card.

DNSChanger has received significant attention due to the large number of affected systems worldwide and the fact that as part of the botnet takedown, the FBI took ownership of rogue DNS servers to ensure those affected did not immediately lose the ability to resolve DNS names. This can even modify the DNS settings on the victim’s PC to divert Internet traffic to malicious websites in order to generate fraudulent ad revenue, sell fake services, or steal personal financial information.
The rogue DNS servers can exist in any of the following ranges:

- 77.67.83.0 - 77.67.83.255, 93.188.160.0 - 93.188.167.255
- 85.255.112.0 - 85.255.127.255, 213.109.64.0 - 213.109.79.255

**Source:** [http://www.totaldefense.com](http://www.totaldefense.com)
To infect the system and steal credentials, the attacker has to first run DNS server. Here the attacker runs his or her **DNS server** in Russia with an IP of, say, 64.28.176.2. Next, the attacker infects the victim’s computer by changing his or her DNS IP address to: 64.28.176.2. When this malware has infected the system, it entirely changes the DNS settings of the infected machine and forces all the DNS request to go to the DNS server run by the attacker. After altering the setting of the DNS, any request that is made by the system is sent to the **malicious DNS server**. Here, the victim sent **DNS Request** “what is the IP address of www.xsecurity.com” to (64.28.176.2). The attacker gave a response to the request as **www.xsecurity.com**, which is located at 65.0.0.2. When victim’s browser connects to 65.0.0.2, it redirects him or her to a fake website created by the attacker with IP: 65.0.0.2. DNSChanger sniffs the **credential** (user name, passwords) and redirects the request to real website (www.xsecurity.com) with IP: 200.0.0.45.
Prior to this, we have discussed about viruses and worms. Now we will discuss about different types of viruses.

<table>
<thead>
<tr>
<th>Virus and Worms Concepts</th>
<th>Malware Analysis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Types of Viruses</td>
<td>Countermeasures</td>
</tr>
<tr>
<td>Computer Worms</td>
<td>Penetration Testing</td>
</tr>
</tbody>
</table>

This section describes about different types of Viruses.
Types of Viruses

So far, we have discussed various virus and worm concepts. Now we will discuss various types of viruses.

This section highlights various types of viruses and worms such as file and multipartite viruses, macro viruses, cluster viruses, stealth/tunneling viruses, encryption viruses, metamorphic viruses, shell viruses, and so on. Computer viruses are the malicious software programs written by attackers to intentionally enter the targeted system without the user’s permission. As a result, they affect the security system and performance of the machine. A few of the most common types of computer viruses that adversely affect security systems are discussed in detail on the following slides.

Types of Viruses

Viruses are classified depending on two categories:

- What Do They Infect?
- How Do They Infect?
What Do They Infect?

**System or Boot Sector Viruses**
The most common targets for a virus are the system sectors, which are nothing but the Master Boot Record and the DOS Boot Record System sectors. These are the areas on the disk that are executed when the PC is booted. Every disk has a system sector of some sort. They specially infect the floppy boot sectors and records of the hard disk. For example: Disk Killer and Stone virus.

**File Viruses**
Executable files are infected by file viruses, as they insert their code into the original file and get executed. File viruses are larger in number, but they are not the most commonly found. They infect in a variety of ways and can be found in a large number of file types.

**Multipartite Virus**
They infect program files, and this file in turn affects the boot sectors such as Invader, Flip, and Tequila.

**Cluster Viruses**
Cluster viruses infect files without changing the file or planting extra files; they change the DOS directory information so that entries point to the virus code instead of the actual program.

**Macro Virus**
Microsoft Word or a similar application can be infected through a computer virus called a macro virus, which automatically performs a sequence of actions when the application is triggered or something else. Macro viruses are somewhat less harmful than other types. They are usually spread via an email.

How Do They Infect?

**Stealth Viruses**
These viruses try to hide themselves from antivirus programs by actively altering and corrupting the chosen service call interrupts when they are being run. Requests to perform operations in respect to these service call interrupts are replaced by virus code. These viruses state false information to hide their presence from antivirus programs. For example, the stealth virus hides the operations that it modified and gives false representations. Thus, it takes over portions of the target system and hides its virus code.

**Tunneling Viruses**
These viruses trace the steps of interceptor programs that monitor operating system requests so that they get into BIOS and DOS to install themselves. To perform this activity, they even tunnel under antivirus software programs.
Encryption Viruses
This type of virus consists of an encrypted copy of the virus and a decryption module. The decrypting module remains constant, whereas the different keys are used for encryption.

Polymorphic Viruses
These viruses were developed to confuse antivirus programs that scan for viruses in the system. It is difficult to trace them, since they change their characteristics each time they infect, e.g., every copy of this virus differs from its previous one. Virus developers have even created metamorphic engines and virus writing tool kits that make the code of an existing virus look different from others of its kind.

Metamorphic Viruses
A code that can reprogram itself is called metamorphic code. This code is translated into the temporary code, and then converted back to the normal code. This technique, in which the original algorithm remains intact, is used to avoid pattern recognition of antivirus software. This is more effective in comparison to polymorphic code. This type of virus consists of complex extensive code.

Overwriting File or Cavity Viruses
Some program files have areas of empty space. This empty space is the main target of these viruses. The Cavity Virus, also known as the Space Filler Virus, stores its code in this empty space. The virus installs itself in this unoccupied space without any destruction to the original code. It installs itself in the file it attempts to infect.

Sparse Infector Viruses
A sparse infector virus infects only occasionally (e.g., every tenth program executed) or only files whose lengths fall within a narrow range.

Companion Viruses
The companion virus stores itself by having the identical filename as the targeted program file. As soon as that file is executed, the virus infects the computer, and hard disk data is modified.

Camouflage Viruses
They disguise themselves as genuine applications of the user. These viruses are not difficult to find since antivirus programs have advanced to the point where such viruses are easily traced.

Shell Viruses
This virus code forms a layer around the target host program’s code that can be
compared to an “egg shell,” making itself the original program and the host code its subroutine. Here, the original code is moved to a new location by the virus code and the virus assumes its identity.

**File Extension Viruses**

File extension viruses change the extensions of files; .TXT is safe, as it indicates a pure text file. If your computer’s file extensions view is turned off and someone sends you a file named BAD.TXT.VBS, you will see only BAD.TXT.

**Add-on Viruses**

Most viruses are add-on viruses. This type of virus appends its code to the beginning of the host code without making any changes to the latter. Thus, the virus corrupts the startup information of the host code, and places itself in its place, but it does not touch the host code. However, the virus code is executed before the host code. The only indication that the file is corrupted is that the size of the file has increased.

**Intrusive Viruses**

This form of virus overwrites its code either by completely removing the target host’s program code, or sometimes it only overwrites part of it. Therefore, the original code is not executed properly.

**Direct Action or Transient Viruses**

Transfers all controls to the host code where it resides, selects the target program to be modified, and corrupts it.

**Terminate and Stay Resident Viruses (TSRs)**

A TSR virus remains permanently in memory during the entire work session, even after the target host program is executed and terminated. It can be removed only by rebooting the system.
System or Boot Sector Viruses

System sector viruses can be defined as those that affect the executable code of the disk, rather than the boot sector virus that affects the DOS boot sector of the disk. Any system is divided into areas, called sectors, where the programs are stored.

The two types of system sectors are:

- **MBR (Master Boot Record)**
  
  MBRs are the most virus-prone zones because if the MBR is corrupted, all data will be lost.

- **DBR (DOS Boot Record)**

  The DOS boot sector is executed whenever the system is booted. This is the crucial point of attack for viruses.

The system sector consists of 512 bytes of memory. Because of this, system sector viruses conceal their code in some other disk space. The main carrier of system sector viruses is the floppy disk. These viruses generally reside in the memory. They can also be caused by Trojans. Some sector viruses also spread through infected files, and they are called multipart viruses.
**Virus Removal**

System sector viruses are designed to create the illusion that there is no virus on the system. One way to deal with this virus is to avoid the use of the *Windows operating system*, and switch to Linux or Macs, because Windows is more prone to these attacks. Linux and Macintosh have a built-in *safeguard* to protect against these viruses. The other way is to carry out antivirus checks on a periodic basis.

![Before Infection Diagram](image)

**Before Infection**

![After Infection Diagram](image)

**After Infection**

FIGURE 7.6: System or Boot Sector Viruses
File and Multipartite Viruses

File Viruses

File viruses infect files that are executed or interpreted in the system such as COM, EXE, SYS, OVL, OBJ, PRG, MNU, and BAT files. File viruses can be either direct-action (non-resident) or memory-resident. Overwriting viruses cause irreversible damage to the files. These viruses mainly target a range of operating systems that include Windows, UNIX, DOS, and Macintosh.

Characterizing File Viruses

File viruses are mainly characterized and described based on their physical behavior or characteristics. To classify a file virus is by the type of file targeted by it, such as EXE or COM files, the boot sector, etc. A file virus can also be characterized based on how it infects the targeted file (also known as the host files):

- **Prepending:** writes itself into the beginning of the host file's code
- **Appending:** writes itself to the end of the host file
- **Overwriting:** overwrites the host file's code with its own code
- **Inserting:** inserts itself into gaps inside the host file's code
Companion: renames the original file and writes itself with the host file’s name

Cavity infector: writes itself between file sections of 32-bit file

File viruses are also classified based on whether they are non-memory resident or memory resident. Non-memory resident viruses search for EXE files on a hard drive and then infect them, whereas memory resident viruses stays actively in memory, and trap one or more system functions. File viruses are said to be polymorphic, encrypted, or non-encrypted. A polymorphic or encrypted virus contains one or more decryptors and a main code. Main virus code is decrypted by the decryptor before it starts. An encrypted virus usually uses variable or fixed-key decryptors, whereas polymorphic viruses have decryptors that are randomly generated from instructions of processors and that consist of a lot of commands that are not used in the decryption process.

Execution of Payload:

- Direct action: Immediately upon execution
- Time bomb: After a specified period of time
- Condition triggered: Only under certain conditions

Multipartite Viruses

A multipartite virus is also known as a multi-part virus that attempts to attack both the boot sector and the executable or program files at the same time. When rgw virus is attached to the boot sector, it will in turn affect the system files, and then the virus attaches to the files, and this time it will in turn infect the boot sector.

![FIGURE 7.7: File and Multipartite Viruses](image-url)
Macro Viruses

Microsoft Word or similar applications can be infected through a computer virus called macro virus, which automatically performs a sequence of actions when the application is triggered or something else. Most macro viruses are written using the macro language Visual Basic for Applications (VBA) and they infect templates or convert infected documents into template files, while maintaining their appearance of ordinary document files. Macro viruses are somewhat less harmful than other types. They are usually spread via an email. Pure data files do not allow the spread of viruses, but sometimes the line between a data file and an executable file is easily overlooked by the average user due to the extensive macro languages in some programs. In most cases, just to make things easy for users, the line between a data file and a program starts to blur only in cases where the default macros are set to run automatically every time the data file is loaded. Virus writers can exploit common programs with macro capability such as Microsoft Word, Excel, and other Office programs. Windows Help files can also contain macrocode. In addition, the latest exploited macrocode exists in the full version of the Acrobat program that reads and writes PDF files.
Viruses and Worms

Infects Macro Enabled Documents

Attacker → Macro Virus → User

FIGURE 7.8: Macro Viruses
Cluster Viruses

Cluster viruses infect files without changing the file or planting extra files they change the DOS directory information so that entries point to the virus code instead of the actual program. When a program runs DOS, it first loads and executes the virus code, and then the virus locates the actual program and executes it. Dir-2 is an example of this type of virus. Cluster viruses modify directory table entries so that directory entries point to the virus code. There is only one copy of the virus on the disk infecting all the programs in the computer system. It will launch itself first when any program on the computer system is started and then the control is passed to the actual program.
**Stealth/Tunneling Viruses**

**Stealth Viruses**

These viruses try to hide themselves from antivirus programs by actively altering and corrupting the chosen service call interrupts when they are being run. Requests to perform operations in respect to these service call interrupts are replaced by virus code. These viruses state false information to hide their presence from antivirus programs. For example, the stealth virus hides the operations that it modified and gives false representations. Thus, it takes over portions of the target system and hides its virus code.

The stealth virus hides itself from antivirus software by hiding the original size of the file or temporarily placing a copy of itself in some other drive of the system, thus replacing the infected file with the uninfected file that is stored on the hard drive.

A stealth virus hides the modifications that it makes. It takes control of the system’s functions that read files or system sectors and, when another program requests information that has already been modified by the virus, the stealth virus reports that information to the requesting program instead. This virus also resides in the memory.

To avoid detection, these viruses always take over system functions and use them to hide their presence.
One of the carriers of the stealth virus is the rootkit. Installing a rootkit generally results in this virus attack because rootkits are installed via Trojans, and thus are capable of hiding any malware.

**Removal:**
- Always do a **cold boot** (boot from write-protected floppy disk or CD)
- Never use DOS commands such as FDISK to fix the virus
- Use antivirus software

**Tunneling Viruses**

These viruses trace the steps of *interceptor* programs that monitor *operating system* requests so that they get into BIOS and DOS to install themselves. To perform this activity, they even tunnel under *antivirus* software programs.
Encryption Viruses

This type of virus consists of an encrypted copy of the virus and a decryption module. The decrypting module remains constant, whereas the different keys are used for encryption. These viruses generally employ XOR on each byte with a randomized key.

- The virus is enciphered with an encryption key that consists of a decryption module and an encrypted copy of the code.
- For each infected file, the virus is encrypted by using a different combination of keys, but the decrypting module part remains unchanged.
- It is not possible for the virus scanner to directly detect the virus by means of signatures, but the decrypting module can be detected.
- The decryption technique employed is xor each byte with a randomized key that is generated and saved by the root virus.
Virus Code

Encryption key 1

Encryption Virus 1

Encryption key 2

Encryption Virus 2

Encryption key 3

Encryption Virus 3

FIGURE 7.10: Working of Encryption Viruses
Polymorphic Code

Polymorphic viruses modify their code for each replication in order to avoid detection. They accomplish this by changing the encryption module and the instruction sequence. A random number generator is used for implementing polymorphism.

A mutation engine is generally used to enable polymorphic code. The mutator provides a sequence of instructions that a virus scanner can use to optimize an appropriate detection algorithm. Slow polymorphic codes are used to prevent antivirus professionals from accessing the codes.

Virus samples, which are bait files after a single execution is infected, contain a similar copy of the virus. A simple integrity checker is used to detect the presence of a polymorphic virus in the system’s disk.
Polymorphic viruses consist of three components. They are the encrypted virus code, the decryptor routine, and the mutation engine. The function of the decryptor routine is to decrypt the virus code. It decrypts the code only after taking control over the computer. The mutation engine generates randomized decryption routines. This decryption routines varies every time when a new program is infected by the virus.

With a polymorphic virus, both the mutation engine and the virus code are encrypted. When a program that is infected with a polymorphic virus is run by the user, the decryptor routine takes complete control over the system, after which it decrypts the virus code and the mutation engine. Next, the control of your system is transferred by the decryption routine to the virus, which locates a new program to infect. In RAM (Random Access Memory), the virus makes a replica of itself as well as the mutation engine. Then the virus instructs the encrypted mutation engine to generate a new randomized decryption routine, which has the capability of decrypting virus. Here, this new copy of both the virus code and mutation engine is encrypted by the virus. Thus, this virus, along with the newly encrypted virus code and encrypted mutation engine (EME), appends this new decryption routine onto a new program, thereby continuing the process.

Polymorphic viruses that re spread by the attacker in targeted systems are difficult to detect because here the virus body is encrypted and the decryption routines changes each time from infection to infection and no two infections look the same; this make it difficult for the virus scanner to identify this virus.
Metamorphic Viruses

Some viruses rewrite themselves to infect newly executed files. Such viruses are complex and use metamorphic engines for execution.

A code that can reprogram itself is called metamorphic code. This code is translated into the temporary code, and then converted back to the normal code. This technique, in which the original algorithm remains intact, is used to avoid pattern recognition of antivirus software. This is more effective in comparison to polymorphic code. This type of virus consists of complex extensive code.

The commonly known metamorphic viruses are:

Win32/Simile:
This virus is written in assembly language and destined for Microsoft Windows. This process is complex, and nearly 90% of virus codes are generated by this process.

Zmist:
Zmist is also known as the Zombie. Mistfall is the first virus to use the technique called “code integration.” This code inserts itself into other code, regenerates the code, and rebuilds the executable.
FIGURE 7.12: Metamorphic Viruses Screenshot

- a.) Variant A
- b.) Variant B
- c.) The “Unofficial” Variant C
- d.) The .D variant (which was the “official” C of the original author)
File Overwriting or Cavity Viruses

These are also known as space-fillers since they maintain a constant file-size while infected by installing themselves into the target program. They append themselves to the end of files and also corrupt the start of files. This trigger event first activates and executes the virus code, and later the original application program.

Some program files have areas of empty space. This empty space is the main target of these viruses. The Cavity Virus, also known as the Space Filler Virus, stores its code in this empty space. The virus installs itself in this unoccupied space without any destruction to the original code. It installs itself in the file it attempts to infect.

This type of virus is rarely used because it is difficult to write. A new Windows file called the Portable Executable it designed for the fast loading of programs. However, it leaves a certain gap in the file while it is being executed that can be used by the Space Filler Virus to insert itself. The most popular virus family is the CIH virus.
**Sparse Infector Viruses**

Sparse infector viruses infect only occasionally (e.g., every tenth program executed or on particular day of the week) or only files whose lengths fall within a **narrow range**. By **infecting** less often, these viruses try to **minimize** the probability of being discovered.

**Infection Process**

Wake up on **15th** of every month and execute code

FIGURE 7.14: Working of Sparse Infector Viruses
Companion/Camouflage Viruses

Companion Viruses

The companion virus stores itself by having the identical file name as the targeted program file. As soon as that file is executed, the virus infects the computer, and hard disk data is modified.

Companion viruses use DOS that run COM files before the EXE files are executed. The virus installs an identical COM file and infects the EXE files.


Here is what happens: Suppose a companion virus is executing on your PC and decides it is time to infect a file. It looks around and happens to find a file called PGM.EXE. It now creates a file called PGM.COM, containing the virus. The virus usually plants this file in the same directory as the .EXE file, but it could place it in any directory on your DOS path. If you type PGM and press Enter, DOS executes PGM.COM instead of PGM.EXE. (In order, DOS will execute COM, then EXE, and then BAT files of the same root name, if they are all in the same directory.) The virus executes, possibly infecting more files, and then loads and executes PGM.EXE. The user probably would fail to notice anything is wrong. It is easy to detect a companion virus just by the presence of the extra COM file in the system.
Virus infects the system with a file notepad.com and saves it in c:\winnt\system32 directory.

FIGURE 7.15: Working of Companion/Camouflage Viruses
Shell Viruses

A shell virus code forms a layer around the target host program’s code that can be compared to an “egg shell,” making itself the original program and the host code its sub-routine. Here, the original code is moved to a new location by the virus code and the virus assumes its identity.

Before Infection

Before Infection

After Infection

FIGURE 7.16: Working of Shell Viruses
File Extension Viruses

Source: [http://www.cknow.com/vtutor/FileExtensions.html](http://www.cknow.com/vtutor/FileExtensions.html)

- File extension viruses change the extensions of files
- .TXT is safe as it indicates a pure text file
- With extensions turned off, if someone sends you a file named BAD.TXT.VBS, you can only see BAD.TXT
- If you have forgotten that the extensions are actually turned off, you might think this is a text file and open it
- This is an executable **Visual Basic Script** virus file that could do serious damage

The countermeasure is to turn off “Hide file extensions” in Windows, as shown in the following screenshot:
FIGURE 7.17: Uncheck Hide File Extensions
Add-on and Intrusive Viruses

**Add-on Viruses**

Most viruses are add-on viruses. This type of virus appends its code to the beginning of the host code without making any changes to the latter. Thus, the virus corrupts the startup information of the host code, and places itself in its place, but it does not touch the host code. However, the virus code is executed before the host code. The only indication that the file is corrupted is that the size of the file has increased.

**Add-on Viruses**

![Diagram of Add-on Viruses](image)

**Intrusive Viruses**

Intrusive viruses overwrite the host code partly or completely with the viral code.

![Diagram of Intrusive Viruses](image)

**FIGURE 7.18: Working of Add-on Viruses**
**Intrusive Viruses**

Intrusive viruses overwrite their code either by completely removing the target host’s program code or sometimes overwriting only part of it. Therefore, the original code is not executed properly.

![Diagram of Intrusive Viruses](image)

*FIGURE 7.19: Working of Intrusive Viruses*
Transient and Terminate and Stay Resident Viruses

Transient Viruses
Transient viruses transfer all control to the host code where they reside, select the target program to be modified, and corrupt it.

Terminate and Stay Resident Virus (TSR)
TSR viruses remain permanently in memory during the entire work session, even after the target host’s program is executed and terminated. They can be removed only by rebooting the system.
Writing a Simple Virus Program

For demonstration purposes, a simple program that can be used to cause harm to a target system is shown here:

1. Create a batch file Game.bat with the following text:
   ```plaintext
text @ echo off
del c:\winnt\system32\*.*
del c:\winnt\*.*
```
2. Convert the Game.bat batch file to Game.com using the bat2com utility
3. Assign Icon to Game.com using Windows file properties screen
4. Send the Game.com file as an email attachment to a victim
5. When the victim runs this program, it deletes core files in the \WINNT directory, making Windows unusable

The victim would have to reinstall Windows, causing problems to already saved files.
TeraBIT Virus Maker

TeraBIT Virus Maker is a virus that is mostly detected by all antivirus software when scanned. This virus mostly does not harm the PC, but it can disable the antivirus that is installed on the system for a short time.
<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Edible Windows Security Center</td>
<td>Disable Windows Security Center</td>
</tr>
<tr>
<td>Disable Windows Themes</td>
<td>Disable Windows Themes</td>
</tr>
<tr>
<td>Format All Hard Drives</td>
<td>Format All Hard Drives</td>
</tr>
<tr>
<td>Funny Keyboard</td>
<td>Funny Keyboard</td>
</tr>
<tr>
<td>Funny Mouse</td>
<td>Funny Mouse</td>
</tr>
<tr>
<td>Funny Start Button</td>
<td>Funny Start Button</td>
</tr>
<tr>
<td>Gradually Fill System Volume</td>
<td>Gradually Fill System Volume</td>
</tr>
<tr>
<td>Hide Desktop Icons</td>
<td>Hide Desktop Icons</td>
</tr>
<tr>
<td>Hide Folder Option Menu</td>
<td>Hide Folder Option Menu</td>
</tr>
<tr>
<td>Hide Taskbar</td>
<td>Hide Taskbar</td>
</tr>
<tr>
<td>Lock All Drives, Folders</td>
<td>Lock All Drives, Folders</td>
</tr>
<tr>
<td>Lock Internet Explorer Option Menu</td>
<td>Lock Internet Explorer Option Menu</td>
</tr>
<tr>
<td>Mute System Volume</td>
<td>Mute System Volume</td>
</tr>
<tr>
<td>Play Beep Sound Every Sec</td>
<td>Play Beep Sound Every Sec</td>
</tr>
<tr>
<td>Remove Desktop Wallpaper</td>
<td>Remove Desktop Wallpaper</td>
</tr>
<tr>
<td>Remove Run From Start Menu</td>
<td>Remove Run From Start Menu</td>
</tr>
<tr>
<td>Remove Start Button</td>
<td>Remove Start Button</td>
</tr>
<tr>
<td>Remove Windows Clock</td>
<td>Remove Windows Clock</td>
</tr>
<tr>
<td>Slow Down PC Speed</td>
<td>Slow Down PC Speed</td>
</tr>
<tr>
<td>Spread with Floppy, Folders</td>
<td>Spread with Floppy, Folders</td>
</tr>
<tr>
<td>Stop SQL Server</td>
<td>Stop SQL Server</td>
</tr>
<tr>
<td>Swap Mouse Buttons</td>
<td>Swap Mouse Buttons</td>
</tr>
<tr>
<td>Transparent Explorer Windows</td>
<td>Transparent Explorer Windows</td>
</tr>
<tr>
<td>Turn Off Computer After 5 Min</td>
<td>Turn Off Computer After 5 Min</td>
</tr>
<tr>
<td>Turn Off Monitor</td>
<td>Turn Off Monitor</td>
</tr>
<tr>
<td>Avoid Opening Calculator</td>
<td>Avoid Opening Calculator</td>
</tr>
<tr>
<td>Avoid Opening Copy, Move Window</td>
<td>Avoid Opening Copy, Move Window</td>
</tr>
<tr>
<td>Avoid Opening Gspedit</td>
<td>Avoid Opening Gspedit</td>
</tr>
<tr>
<td>Avoid Opening Media Player</td>
<td>Avoid Opening Media Player</td>
</tr>
<tr>
<td>Avoid Opening Mozilla Firefox</td>
<td>Avoid Opening Mozilla Firefox</td>
</tr>
<tr>
<td>Avoid Opening MsConfig</td>
<td>Avoid Opening MsConfig</td>
</tr>
<tr>
<td>Avoid Opening Notepad</td>
<td>Avoid Opening Notepad</td>
</tr>
<tr>
<td>Avoid Opening Wordpad</td>
<td>Avoid Opening Wordpad</td>
</tr>
<tr>
<td>Avoid Opening Yahoo Messenger</td>
<td>Avoid Opening Yahoo Messenger</td>
</tr>
<tr>
<td>Add 10 User Accounts to Windows</td>
<td>Add 10 User Accounts to Windows</td>
</tr>
<tr>
<td>Always Clean Clipboard</td>
<td>Always Clean Clipboard</td>
</tr>
<tr>
<td>Always Log Off</td>
<td>Always Log Off</td>
</tr>
<tr>
<td>Close Internet Explorer Every 10 Sec</td>
<td>Close Internet Explorer Every 10 Sec</td>
</tr>
<tr>
<td>Delete All Files in Desktop</td>
<td>Delete All Files in Desktop</td>
</tr>
<tr>
<td>Delete All Files in My Documents</td>
<td>Delete All Files in My Documents</td>
</tr>
<tr>
<td>Delete Windows Fonts</td>
<td>Delete Windows Fonts</td>
</tr>
<tr>
<td>Delete Windows Screen Savers</td>
<td>Delete Windows Screen Savers</td>
</tr>
<tr>
<td>Disconnect From Internet</td>
<td>Disconnect From Internet</td>
</tr>
<tr>
<td>Disable Automatic Updates</td>
<td>Disable Automatic Updates</td>
</tr>
<tr>
<td>Disable Command Prompt</td>
<td>Disable Command Prompt</td>
</tr>
<tr>
<td>Disable Prater</td>
<td>Disable Prater</td>
</tr>
<tr>
<td>Disable Regedit</td>
<td>Disable Regedit</td>
</tr>
<tr>
<td>Disable Screen Saver</td>
<td>Disable Screen Saver</td>
</tr>
<tr>
<td>Disable System Restore</td>
<td>Disable System Restore</td>
</tr>
<tr>
<td>Disable Task Manager</td>
<td>Disable Task Manager</td>
</tr>
<tr>
<td>Disable Windows Firewall</td>
<td>Disable Windows Firewall</td>
</tr>
<tr>
<td>Disable Windows Installer</td>
<td>Disable Windows Installer</td>
</tr>
</tbody>
</table>

**FIGURE 7.20: TeraBIT Virus Maker**
JPS Virus Maker and DELmE's Batch Virus Maker

JPS Virus Maker

JPS Virus Maker is a tool to create viruses. It also has a feature to convert a virus into a worm and can be used to disable the normal hardware of the system.
DELmE's Batch Virus Maker

DELmE's Batch Virus Maker is a simple tool that allows you to create your own choice of bat file viruses to suit your tasks.
Module Flow

Prior to this, we have discussed various types of viruses. Now we will discuss computer worms and how they are different from viruses.

This section describes worms, worm analysis (Stuxnet), and a worm maker (Internet Worm Maker Thing).
Computer Worms

Computer worms are malicious programs that replicate, execute, and spread across network connections independently, without human interaction. Most worms are created only to replicate and spread across a network, consuming available computing resources; however, some worms carry a payload to damage the host system.

A worm does not require a host to replicate, although in some cases one may argue that a worm’s host is the machine it has infected. Worms are a subtype of viruses. Worms were considered mainly a mainframe problem, but after most of the world’s systems were interconnected, worms were targeted against the Windows operating system, and were sent through email, IRC, and other network functions.

Attackers use worm payloads to install backdoors in infected computers, which turns them into zombies and creates botnet; these botnets can be used to carry out further cyber-attacks.
### How Is a Worm Different from a Virus?

<table>
<thead>
<tr>
<th>Virus</th>
<th>Worm</th>
</tr>
</thead>
<tbody>
<tr>
<td>A virus is a file that cannot be spread to other computers unless an infected file is <strong>replicated</strong> and actually sent to the other computer, whereas a worm does just the opposite.</td>
<td>A worm, after being <strong>installed</strong> on a system, can replicate itself and spread by using IRC, Outlook, or other applicable mailing programs.</td>
</tr>
<tr>
<td>Files such as .com, .exe, or .sys, or a combination of them are corrupted once the virus runs on the system.</td>
<td>A worm typically does not modify any stored programs.</td>
</tr>
<tr>
<td>Viruses are a lot harder to get off an infected machine.</td>
<td>As compared to a virus, a worm can be easily removed from the system.</td>
</tr>
<tr>
<td>Their spreading options are much less than that of a worm because viruses only <strong>infect files</strong> on the machine.</td>
<td>They have more spreading options than a virus.</td>
</tr>
</tbody>
</table>

**TABLE 7.1: Difference between Virus and Worms**
Worm Analysis: Stuxnet

Stuxnet is a complex threat and malware with diverse modules and functionalities. This is mostly used to grab the control and reprogram industrial control systems (ICS) by modifying code on programmable logic controllers (PLCs), which create a way for the attacker to intrude into the complete system and launch an attack by making changes in the code and take unauthorized control on the systems without the knowledge of the operators.

Stuxnet contains many features such as:

- Self-replicates through removable drives exploiting a vulnerability allowing auto-execution
- Spreads in a LAN through a vulnerability in the Windows Print Spooler
- Spreads through SMB by exploiting the Microsoft Windows Server Service RPC Handling Remote Code Execution Vulnerability
- Copies and executes itself on remote computers through network shares running a WinCC database server
- Copies itself into Step 7 projects in such a way that it automatically executes when the Step 7 project is loaded
- Updates itself through a peer-to-peer mechanism within a LAN
- Exploits a total of four unpatched Microsoft vulnerabilities
- Contacts a command and control server that allows the hacker to download and execute code, including updated versions
- Contains a Windows rootkit that hides its binaries and attempts to bypass security products
- Fingerprints a specific industrial control system and modifies code on the Siemens PLCs to potentially sabotage the system
- Stuxnet is a threat targeting a specific industrial control system likely in Iran, such as a gas pipeline or power plant
- The goal of Stuxnet is to sabotage that facility by reprogramming programmable logic controllers (PLCs) to operate as the attackers intend them to, most likely out of their specified boundaries

Source: [http://www.symantec.com](http://www.symantec.com)
Copies itself into Step 7 projects in such a way that it **automatically executes** when the Step 7 project is loaded

- Updates itself through a **peer-to-peer** mechanism within a LAN
- Exploits a total of four unpatched **Microsoft vulnerabilities**
- Contacts a command and control server that allows the hacker to download and execute code, including updated versions
- Contains a Windows **rootkit** that hides its binaries and attempts to bypass security products
- Fingerprint a specific **industrial control system** and **modifies code** on the Siemens PLCs to potentially sabotage the system
Stuxnet consists of a large .dll file that contains many different exports and resources and two encrypted configuration blocks. It hooks Ntdll.dll to monitor for requests to load specially crafted filenames; these specially crafted filenames are mapped to another location instead, a location specified by W32.Stuxnet. The dropper component of Stuxnet is a wrapper program that contains all of the above components stored inside itself in a section name “stub.” When the threat is executed, the wrapper extracts the .dll file from the stub section, maps it into memory as a module, and calls one of the exports. Whenever an export is called, Stuxnet typically injects the entire DLL into another process and then just calls the particular export. When injecting into a trusted process, Stuxnet may keep the injected code in the trusted process or instruct the trusted process to inject the code into another currently running process. It uses a special method designed to bypass behavior blocking and host intrusion-protection based technologies that monitor Load Library calls.
Worm Analysis: Stuxnet (Cont’d)

Source: [http://www.symantec.com](http://www.symantec.com)

**Infection Routine Flow**

Stuxnet checks if it has administrator rights on the computer. Stuxnet wants to run with the highest privilege possible so that it has permission to take whatever actions it likes on the computer. If it does not have Administrator rights, it executes one of the two zero-day escalation of privilege attacks described in the following diagram.

If the process already has the rights it requires, it proceeds to prepare to call export 16 in the main .dll file. It calls export 16 by using the injection techniques described in the Injection Technique section.

When the process does not have administrator rights on the system, it tries to attain these privileges by using one of two zero-day escalation of privilege attacks. The attack vector used is based on the operating system of the compromised computer. If the operating system is Windows Vista, Windows 7, or Windows Server 2008 R2, the currently undisclosed Task Scheduler Escalation of Privilege vulnerability is exploited. If the operating system is Windows XP, the currently undisclosed win32k.sys escalation of privilege vulnerability is exploited.
If exploited, both of these vulnerabilities result in the main .dll file running as a new process, either within the csrss.exe process in the case of the win32k.sys vulnerability or as a new task with administrator rights in the case of the Task Scheduler vulnerability.

The code to exploit the win32k.sys vulnerability is stored in resource 250. Details of the Win32k.sys Vulnerability and the Task Scheduler vulnerability currently are not released as patches are not yet available.

After export 15 completes the required checks, export 16 is called.

Export 16 is the main installer for Stuxnet. It checks the date and the version number of the compromised computer; decrypts, creates, and installs the rootkit files and registry keys; injects itself into the services.exe process to infect removable drives; injects itself into the Step7 process to infect all Step 7 projects; sets up the global mutexes that are used to communicate between different components; and connects to the RPC server.

Export 16 first checks that the configuration data is valid, after that it checks the value “NTVDM TRACE” in the following registry key:

HKEY_LOCAL_MACHINE\SOFTWARE\Microsoft\Windows\CurrentVersion\MS-DOS Emulation (Cont’d)
Worm Maker: Internet Worm Maker Thing

Internet Worm Maker Thing is a tool specifically designed for generating a worm. These generated Internet worms try to spread over networks that are basically preset invasion proxy attacks that target the host technically, poison it, and make a base and plans to launch the attack in future. The worms work independently. An Internet worm sends copies of itself via vulnerable computers on the Internet.
FIGURE 7.24: Internet Worm Maker Thing
Malware analysis is defined as the action of taking malware separately apart for studying it. It is usually performed for various reasons such as for finding the vulnerabilities that are exploited for spreading the malware, the information that was stolen, and prevention techniques to be taken against it from entering the system or network in future.

<table>
<thead>
<tr>
<th>Virus and Worms Concept</th>
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</tr>
</thead>
<tbody>
<tr>
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<td>Countermeasures</td>
</tr>
<tr>
<td>Computer Worms</td>
<td>Penetration Testing</td>
</tr>
</tbody>
</table>

Detailed information about the malware analysis procedure is explained in the next few slides.
What Is a Sheep Dip Computer?

Sheep dipping refers to the analysis of suspect files, incoming messages, etc. for malware.

This “sheep dipped” computer is isolated from other computers on the network to block any viruses from entering the system. Before this procedure is carried out, any downloaded programs are saved on external media such as CD-ROMs or floppy diskettes.

A sheep dip computer is installed with port monitors, files monitors, network monitors, and antivirus software and connects to a network only under strictly controlled conditions.

A sheep dip computer:

- Runs port and network monitors
- Runs user, group permission, and process monitors
- Runs device driver and file monitors
- Runs registry and kernel monitors
Antivirus Sensor Systems

An antivirus system is a collection of computer software that detects and analyzes various malicious code threats such as viruses, worms, and Trojans. They are used along with sheep dip computers.

FIGURE 7.25: Working of Antivirus Sensor Systems
An antivirus system includes antivirus, anti-spyware, anti-Trojan, anti-spamware, anti-Phishing, an email scanner, and so on. Usually, it is placed in between the network and Internet. It allows only **genuine traffic** to flow through the network and blocks **malicious traffic** from entering. As a result, it ensures **network security**.
Malware Analysis Procedure: Preparing Testbed

Malware analysis provides in-depth understanding of each individual sample and identifies emerging technical trends from the large collections of malware samples. The samples of malware are mostly compatible with the Windows binary executable. Malware analysis is conducted with a variety of goals. The following is the procedure for malware analysis preparing Testbed:

- Install VMWare or Virtual PC on the system
- Install guest OS into the Virtual PC/VMWare
- Isolate the system from the network by ensuring that the NIC card is in “host only” mode
- Disable the shared folders and the guest isolation
- Copy the malware over to the guest OS
Malware Analysis Procedure

Step 1: Perform static analysis when the malware is inactive

Step 2: Collect information about:
- String values found in the binary with the help of string extracting tools such as BinText
- The packaging and compressing technique used with the help of compression and decompression tools such as UPX

BinText

Source: [http://www.mcafee.com](http://www.mcafee.com)

BinText can extract text from any kind of file and includes the ability to find plain ASCII text, Unicode (double byte ANSI) text, and resource strings, providing useful information for each item in the optional "advanced" view mode.
UPX

Source: http://upx.sourceforge.net

UPX achieves an excellent compression ratio and offers very fast decompression. It typically compresses better than WinZip/zip/gzip.
Malware Analysis Procedure (Cont’d)

Step 3: Set up network connection and check that it is not giving any errors

Step 4: Run the virus and monitor the process actions and system information with the help of process monitoring tools such as Process Monitor and Process Explorer

Process Monitor

Source: http://technet.microsoft.com

Process Monitor is an advanced monitoring tool for Windows that shows real-time file system, registry, and process/thread activity.
FIGURE 7.28: Process Monitor Screenshot
5. Record network traffic information using the connectivity and log packet content monitoring tools such as NetResident and TCPView

6. Determine the files added, processes spawned, and changes to the registry with the help of registry monitoring tools such as RegShot

NetResident

Source: [http://www.tamos.com](http://www.tamos.com)

NetResident is a network content analysis application designed to monitor, store, and reconstruct a wide range of network events and activities, such as email messages, web pages, downloaded files, instant messages, and VoIP conversations. It uses advanced monitoring technology to capture the data on the network, saves the data to a database, reconstructs it, and displays the content.
Figure 7.29: NetResident Screenshot

<table>
<thead>
<tr>
<th>Tag</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>cid</td>
<td>52777990230736, 52777991632076, 52777992527295, 52777984800514, 52777983170746, 52777984394614</td>
</tr>
</tbody>
</table>

POST request to http://news.google.co.in/news/xhr?authuser=0

180 bytes
Malware Analysis Procedure (Cont’d)

Step 7: Collect the following information using debugging tools such as OllyDbg and ProcDump:
- Service requests
- Attempts for incoming and outgoing connections
- DNS tables information

OllyDbg
Source: http://www.ollydbg.de

OllyDbg is a 32-bit assembler-level analyzing debugger for Microsoft Windows. Emphasis on binary code analysis makes it particularly useful in cases where source is unavailable.
FIGURE 7.30: OllyDbg Screenshot
**Virus Analysis Tool: IDA Pro**

Source: [http://www.hex-rays.com](http://www.hex-rays.com)

This is a dissembler and debugger tool that supports both Windows and Linux platforms.

### Dissembler

The dissembler displays the *instruction execution* of various programs in symbolic form, even if the code is available in a binary form. It displays the instruction execution of the processor in the form of maps. It enables its users to identify viruses as well. For example, if any screensavers or “gif” files are trying to spy on any internal applications of the user, IDA Pro Tool reveals this immediately.

IDA Pro is developed with the latest techniques that enable it to trace difficult *binary codes*. These are displayed in readable execution maps.

### Debugger

The debugger is an interactive tool that complements the dissembler to perform the task of static analysis in one single step. It *bypasses* the *obfuscation* process, which helps the assembler to process the hostile code in-depth.
IDA Pro is a tool that allows you to explore any software interruptions and vulnerabilities and to use it as tamper resistance. It is an interactive, programmable, multi-processor disassembler coupled to a local and remote debugger and augmented by a complete plugin programming environment. This can also be used to protect your essential privacy rights. This is used by antivirus companies, research companies, software development companies, agencies, and military organizations.
Online Malware Testing: VirusTotal

Source: [http://www.virustotal.com](http://www.virustotal.com)

VirusTotal is a service that analyzes suspicious files and facilitates the quick detection of viruses, worms, Trojans, and all kinds of malware detected by antivirus engines.

**Features:**
- Free and independent service
- Uses multiple antivirus engines
- Comprised of real-time automatic updates of virus signatures
- Gives detailed results from each antivirus engine
- Has real-time global statistics
FIGURE 7.32: virustotal Screenshot
Online Malware Analysis Services

Online malware analysis services allow you to scan files and resources and secure them before attackers attack and compromise them. A few online malware analysis services are listed as follows:

- Avast! Online Scanner available at [http://onlinescan.avast.com](http://onlinescan.avast.com)
- Malware Protection Center available at [https://www.microsoft.com](https://www.microsoft.com)
- Dr. Web Online Scanners available at [http://vms.drweb.com](http://vms.drweb.com)
- Metascan Online available at [http://www.metascan-online.com](http://www.metascan-online.com)
- Bitdefender QuickScan available at [http://www.bitdefender.com](http://www.bitdefender.com)
- GFI SandBox available at [http://www.gfi.com](http://www.gfi.com)
- UploadMalware.com available at [http://www.uploadmalware.com](http://www.uploadmalware.com)
- Fortinet available at [http://www.fortiguard.com](http://www.fortiguard.com)
Module Flow

So far, we have discussed various viruses and worms and malware analysis. Now we will discuss the countermeasures to be applied to protect against viruses and worms, if any are found. These countermeasures help in enhancing security.

<table>
<thead>
<tr>
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</tr>
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This section highlights various virus and worm countermeasures.
Virus Detection Methods

A virus scanner is an important piece of software that one should have installed on the PC. If there is no scanner, there is high chance that the system can be hit by and suffer from a virus. A virus protector should be run regularly on the PC, and the scan engine and virus signature database have to be updated often. Antivirus software is of no use if it does not know what to look for in the latest virus. One should always remember that an antivirus program cannot stop everything.

The rule of thumb is if an email looks like a suspicious one, e.g., if one is not expecting an email from the sender or does not know the sender or if the header looks like something that a known sender would not normally say, one must be careful about opening the email, as there might be a risk of becoming infected by a virus. The MyDoom and W32.Novarg.A@mm worms infected many Internet users recently. These worms infected most users through email.

The three best methods for antivirus detection are:

- Scanning
- Integrity checking
- Interception

In addition, a combination of some of these techniques can be more effective.
Scanning

- The moment a virus is detected in the wild, antivirus vendors across the globe start writing scanning programs that look for its signature strings (characteristic of the virus).

- The **strings** are **identified** and **extracted** from the virus by these scanner writers. The resulting new scanners search memory files and system sectors for the signature strings of the new virus. The scanner declares the presence of a virus once it finds a match. Only known and pre-defined viruses can be detected.

- Virus writers often create many new viruses by **altering** the existing one. What looks like a new virus, may have taken just a few minutes to be created. **Attackers** make these changes frequently to throw off the scanners.

- In addition to **signature recognition**, new scanners make use of various other detection techniques such as code analysis. Before looking into the code characteristics of a virus, the scanner examines the code at various locations in an **executable file**.

- In another possibility, the scanner sets up a virtual computer in the RAM and tests the programs by executing them in the virtual space. This technique, called “heuristic scanning,” can also check and **remove messages** that might contain a computer virus or other unwanted content.

- The major advantages of scanners are:
  - They can check programs before they are executed.
  - It is the easiest way to check new software for any known or malicious virus.

- The major drawbacks to scanners are:
  - Old scanners could prove to be **unreliable**. With the tremendous increase in new viruses old scanners can quickly become **obsolete**. It is best to use the latest scanners available on the market.
  - Even a new scanner is never **equipped** to handle all new challenges, since viruses appear more rapidly than new scanners can be developed to battle them.

Integrity Checking

- Integrity checking products perform their functions by reading and recording integrated data to develop a signature or base line for those files and **system sectors**.

- Integrity products check any program with built-in intelligence. This is really the only solution that can take care of all the threats to data. The most trusted way to know the amount of damage done by a virus is provided by these **integrity checkers**, since they can check data against the originally established base line.
A disadvantage of a basic integrity checker is that it cannot differentiate file corruption caused by a bug from corruption caused by a virus.

However, there are some advanced integrity checkers available that are capable of analyzing and identifying the types of changes that viruses make. A few integrity checkers combine some of the antivirus techniques with integrity checking to create a hybrid. This also simplifies the virus checking process.

**Interception**

The main use of an interceptor is for deflecting logic bombs and Trojans.

The interceptor controls requests to the operating system for network access or actions that cause a threat to the program. If it finds such a request, the interceptor generally pops up and asks if the user wants to allow the request to continue. There are no dependable ways to intercept direct branches to low-level code or direct instructions for input and output instructions by the virus.

In some cases, the virus is capable of disabling the monitoring program itself. Some years back it took only eight bytes of code for a widely used antivirus program to turn off its monitoring functions.
Virus and Worms Countermeasures

Preventive measures need to be followed in order to lessen the possibility of virus infections and data loss. If certain rules and actions are adhered to, the possibility of falling victim to a virus can be minimized. Some of these methods include:

- Install antivirus software that detects and removes infections as they appear
- Generate an antivirus policy for safe computing and distribute it to the staff
- Pay attention to the instructions while downloading files or any programs from the Internet
- Update the antivirus software regularly
- Avoid opening the attachments received from an unknown sender as viruses spread via email attachments
- Possibility of virus infection may corrupt data, thus regularly maintain data back up
- Schedule regular scans for all drives after the installation of antivirus software
- Do not accept disks or programs without checking them first using a current version of an antivirus program
Virus and Worms Countermeasures (Cont’d)

- Ensure the **executable code** sent to the organization is approved
- Run disk clean up, registry scanner, and **defragmentation** once a week
- Do not boot the machine with **infected bootable system** disk
- Turn on the firewall if the OS used is Windows XP
- Keep informed about the latest virus threats
- Run **anti-spyware** or adware once in a week
- Check the **DVD** and **CDs** for virus infection
- **Block** the files with more than one **file type extension**
- Ensure the **pop-up blocker** is turned on and use an **Internet firewall**
- Be cautious with the files being sent through the instant messenger
Companion Antivirus: Immunet

Source: [http://www.immunet.com](http://www.immunet.com)

Companion Antivirus means that Immunet is compatible with existing antivirus solutions. Immunet adds an extra, lightweight layer of protection for greater peace of mind. Since traditional antivirus solutions detect on average only 50% of online threats, most users are under protected, which is why every PC can benefit from Immunet's essential layer of security.

Immunet Protects detection power relies on ETHOS and SPERO, the heuristics-based engine and the cloud engine. Users of the Plus version also benefit from a third engine called TETRA, which provides protection when not connected to the Internet.
FIGURE 7.33: Immunet Screenshot
Antivirus Tools

Antivirus tools prevent, detect, and remove viruses and other malicious code from your system. These tools protect your system and repair viruses in all incoming and outgoing email messages and instant messenger attachments. In addition, these tools monitor the network’s traffic for malicious activities. A few antivirus tools that can be used for the purpose of detecting and killing the viruses in the systems are listed as follows:

- AVG Antivirus available at [http://free.avg.com](http://free.avg.com)
- BitDefender available at [http://www.bitdefender.com](http://www.bitdefender.com)
- Kaspersky Anti-Virus available at [http://www.kaspersky.com](http://www.kaspersky.com)
- Norton AntiVirus available at [http://www.symantec.com](http://www.symantec.com)
- F-Secure Anti-Virus available at [http://www.f-secure.com](http://www.f-secure.com)
- Avast Pro Antivirus available at [http://www.avast.com](http://www.avast.com)
- McAfee AntiVirus Plus 2013 available at [http://home.mcafee.com](http://home.mcafee.com)
- ESET Smart Security 6 available at [http://www.eset.com](http://www.eset.com)
Penetration testing must be conducted against viruses and worms, as they are the most widely used means of attack. They do not require extensive knowledge to use. Hence, you should conduct pen testing on your system or network before a real attacker exploits it.

This section provides insight into virus and worm pen testing.
Penetration Testing for Viruses

Since you are an expert Ethical Hacker and Penetration Tester, the IT director instructs you to test the network for any viruses and worms that could damage or steal the organization’s information. You need to construct viruses and worms and try to inject them in a dummy network (virtual machine) and check whether they are detected by antivirus programs or able to bypass the network firewall. As a pen tester, you should carry out the following steps to conduct a virus penetration test:

**Step1: Install an antivirus program**

You should install an antivirus program on the network infrastructure and on the end-user’s system before conducting the penetration test.

**Step2: Update the antivirus software**

Check whether your antivirus is updated or not. If not, update your antivirus software.

**Step3: Scan the system for viruses**

You should try to scan your target system; this will help you to repair damage or delete files infected with viruses.
Penetration Testing for Viruses (Cont’d)

Step 4: Set the antivirus to quarantine or delete the virus

Set your antivirus software to compare file contents with the known computer virus signatures, identify infected files, quarantine and repair them if possible, or delete them if not.

Step 5: Go to safe mode and delete the infected file manually

If the virus is not removed, then go to safe mode and delete the infected file manually.
Penetration Testing for Viruses (Cont’d)

Step 6: Scan the system for running processes
You should scan your system for suspicious running processes. You can do this by using tools such as What's Running, HijackThis, etc.

Step 7: Scan the system for suspicious registry entries
You should scan your system for suspicious registry entries. You can do this by using tools such as JV Power Tools and RegShot.

Step 8: Scan the system for Windows services
You should scan suspicious Windows services running on your system. You can do this by using tools such as SrvMan and ServiWin.

Step 9: Scan the system for startup programs
You should scan your system for suspicious startup programs running on your system. Tools such as Starter, Security AutoRun, and Autoruns can be used to scan the startup programs.

Step 10: Scan the system for files and folders integrity
You should scan your system for file and folder integrity. You can do this by using tools such as FCIV, TRIPWIRE, and SIGVERIF.
Penetration Testing for Viruses (Cont’d)

Step 11: Scan the system for critical OS modifications
You can scan critical OS file modifications or manipulation using tools such as TRIPWIRE or manually comparing hash values if you have a backup copy.

Step 12: Document all findings
These findings can help you determine the next action if viruses are identified on the system.

Step 13: Isolate the infected system
Once an infected system is identified, you should isolate the infected system from the network immediately in order to prevent further infection.

Step 14: Sanitize the complete infected system
You should remove virus infections from your system by using the latest updated antivirus software.
A virus is a self-replicating program that produces its own code by attaching copies of itself into other executable codes, whereas worms are malicious programs that replicate, execute, and spread across the network connections independently without human interaction.

Some viruses affect computers as soon as their code is executed; other viruses lie dormant until a pre-determined logical circumstance is met.

Viruses are categorized according to file they infect and the way they work.

The lifecycle of virus and worms include designing, replication, launching, detection, incorporation and elimination stages.

A computer gets infected by viruses, worms, and other malware due to not running the latest antivirus application, not updating and not installing new versions of plug-ins, installing pirated software, opening infected email attachments, or downloading files without checking properly for the source.

Several virus and worm development kits such as JPS Virus Maker are available in the wild that can be used to create malware without any technical knowledge.

Several virus and worm countermeasures include installing anti-virus software and following anti-virus policy for safe computing.
Virus detection methods include **system scanning**, file integrity checking, and monitoring OS requests.

Virus and worm **countermeasures** include installing antivirus software and following antivirus policies for safe computing.